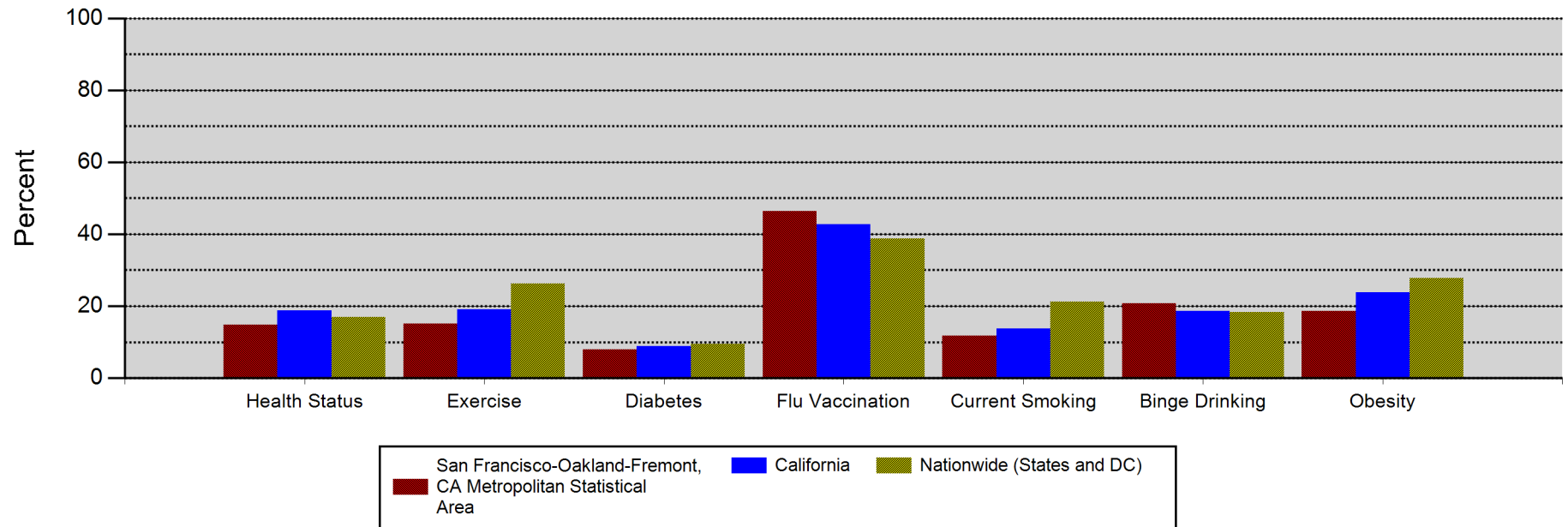# SMART BRFSS

(Selected Metropolitan/Micropolitan Area * Risk Trends from the Behavioral Risk Factor Surveillance System)

San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area

Percentage of Adults Reporting Selected Health Risk - San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area, BRFSS 2011

Survey Definitions

Health Status - Percentage of adults reporting general health as fair or poor

Exercise - Percentage of adults reporting doing no leisure time exercise or physical activity in the past 30 days

Diabetes - Percentage of adults told by doctor they have diabetes

Flu Vaccination - Percentage of adults aged 65 or older reporting not having had a flu shot within the past 12 months

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Binge Drinking - Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

(Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area

Percentage of Adults Reporting Selected Health Risk - San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area, BRFSS 2011

	Health Status	Exercise	Diabetes	Flu Vaccination	Current Smoking	Binge Drinking	Obesity
Nationwide (States and DC) Median % *	16.9	26.2	9.5	38.7	21.2	18.3	27.8
California % (±95% CI †)	18.7 (±0.8)	19.1 (±0.9)	8.9 (±0.6)	42.8 (±1.9)	13.7 (±0.8)	18.6 (±0.9)	23.8 (±0.9)
San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area % (±95% CI †)	14.8 (±2.2)	15.1 (±2.2)	8.0 (±1.6)	46.4 (±5.5)	11.7 (±2.1)	20.8 (±2.6)	18.6 (±2.3)
Alameda County,CA % (±95% CI †)	15.3 (±3.7)	16.6 (±3.9)	9.9 (±3.0)	44.0 (±9.5)	11.7 (±3.5)	20.6 (±4.7)	18.5 (±4.0)
Contra Costa County,CA % (±95% CI †)	15.4 (±4.5)	14.8 (±4.3)	8.5 (±3.4)	43.5 (±11.1)	14.3 (±5.2)	18.7 (±4.9)	23.7 (±4.9)

* Median percentage of States and District of Columbia in applicable years, excluding territories.
† CI Confidence Interval.
NA = Prevalence estimate not available if the unweighted sample size for the denominator was < 50 or the Relative Standard Error (RSE) is > 0.3.

For more information, please contact the California BRFSS state coordinator Vanessa S.Miguelino-Keasling, MPH at California or go to www.cdc.gov/brfss