



Ash KickersTM Quit Smoking Program

Starting October 2018

January 2019

February 2019

April 2019

It's free and there's free stuff!

(geared toward San Francisco residents; this year generously supported by SFDPH)

Receive a Free Giftcard for Attending
Will help you reduce smoking or quit
Groups in English & grupos en español
6 weekly sessions, Tuesday evenings
Snacks provided



BREATHE[®]
CALIFORNIA

Golden Gate Public Health Partnership

*in collaboration
with*

MNHC

**Mission Neighborhood
Health Center**

Call Breathe California to find out more:

(650) 994-5868 x 302

Leave a message with your name and number, and we will call you back!

Breathe California Golden Gate, 1 Sutter Street, Suite 225, San Francisco 94104